



**Saturday, February 26, 2005 - 1:00 PM**  
**(Fun Run at 12:20 PM)**  
**A Blacksburg Striders Event**  
 Sponsored by

**Montgomery Regional Hospital**  
 Virginia College of Osteopathic Medicine  
 and

Supporting Sponsors: MISH MISH, East Coaster's, RUNABOUT Sports, Bogen's, Five-Boro Bagels, New Town Fitness

**BLACKSBURG CLASSIC**  
**10 MILE & 5K**  
**and 1 Mile Fun Run/Walk**

**Entry Fees: 10 Mile & 5K:** \$14 if postmarked by February 12, 2005, \$18 thereafter. Blacksburg Striders paid members receive a \$1 discount on entry fee. Each participant will receive a long-sleeve race T-shirt. Pre-registered runners are eligible for several prizes to be awarded in a random drawing before race day. **Fun Run/Walk:** Without T-shirt: \$3 (before or on race day); With T-shirt: \$12 (before race day, \$15 on race day).

**FOR SAFETY REASONS, NO STROLLERS, ANIMALS, OR HEADPHONES ARE PERMITTED ON THE COURSES DURING THE RACE!**

**Packet pick-up and race day registration:** Begins at 10:00 AM on race day at Margaret Beeks Elementary School, 709 Airport Rd., Blacksburg, VA. **Race day registration for all events will close promptly at 12:15 PM.**

**Awards - 10 mile and 5K:** Overall: Prize money and an award in the men's and women's divisions, as follows: **\$100 to first overall, \$50 to second overall, \$25 to first masters (40+), \$25 to first grand masters (50+).** Age-group awards three deep, male and female, in the following categories: 8 & under (5K only), 9-12 (5K only), 13-17 (5K only), 17 & under (10-mile only); 18-23, 24-29, 30-34, 35-39, 40-44, 45-49, 50-64, 55-59, 60-64, 65-69, 70 & over. Each 12 & under finisher will receive an award. Runners are eligible for one award, which will be determined in the following order of priority: overall, masters, grand masters, age group. **Fun Run:** Each fun run participant will receive a medal.

**Course:** The 10-mile and 5K are rolling courses through Blacksburg near the Virginia Tech campus on roads and paved footpaths. All miles will be marked. Water will be available on both courses. Course description available at <[http://civic.bev.net/striders/classic\\_2005.html](http://civic.bev.net/striders/classic_2005.html)>.

*Race information continues on the other side*

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**2005 BLACKSBURG CLASSIC**

**Race day registration for all events will close promptly at 12:15PM.**  
**If registering on race day, please arrive early!**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Leave Blank \_\_\_\_\_  
 Name \_\_\_\_\_ Name \_\_\_\_\_

Mailing Address \_\_\_\_\_  
 Street address \_\_\_\_\_ Apt. no. \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

\_\_\_\_\_ Male \_\_\_\_\_ Female Phone Number \_\_\_\_\_ Age as of \_\_\_\_\_ Personal Best in race entered \_\_\_\_\_  
 2/26/05

E-mail address (PLEASE PRINT VERY CLEARLY): \_\_\_\_\_ T-shirt size (S, M, L, XL) \_\_\_\_\_

**EVENT:** \_\_\_\_\_ 10 Mile: **\$14** if postmarked by 2/12/05 \_\_\_\_\_ 5K: **\$14** if postmarked by 2/12/05 \_\_\_\_\_ Fun Run - *Without T-shirt:* **\$3**  
 (**\$18** thereafter) (**\$18** thereafter) *With T-shirt:* **\$12** through 2/25/05; **\$15** race day

**Send entry and check (made payable to Blacksburg Striders) to: Blacksburg Classic, c/o Maarten van Gelder, 403 Ridgeview Dr., Blacksburg, VA 24060.**

**Waiver:** In consideration of being permitted to participate in the 2005 Blacksburg Classic, I, \_\_\_\_\_, do hereby for myself, my heirs, executors, administrators and assignees, release and forever discharge the Blacksburg Classic, The Blacksburg Striders and their respective officers, employees, agents, subsidiaries and affiliates, all sponsors, the Town of Blacksburg, and all those persons involved in organizing and manning this event from all claims, demands, losses, damages, actions, cause of action or suits of whatsoever kind or nature, arising out of my participation in the Blacksburg Classic on 2/26/05 or 3/12/05. I agree to indemnify, defend and hold harmless, VPI & SU and their officers, agents and employees from any claim, damages and actions of any kind to nature, whether at law or in equity, arising from activity, provided that such liability is not attributable to the sole negligence of the University. I realize that some of the activities may subject me to certain stresses and hazards not all of which can be foreseen. I desire and consent by signing this form, to take part in all such activities. I assume all the ordinary risks normally incident to the nature of the activities and agree that the University or any of its officers, agents and employees conducting such activities will not be responsible for any damages or injuries resulting to me. Furthermore, I also agree that I have appropriate health care coverage for this activity. My insurance company is \_\_\_\_\_ and my policy

number is \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Legal Guardian Relationship if Participant is under Age 18 years: \_\_\_\_\_ Date: \_\_\_\_\_

**Lodging:** Comfort Inn (540) 951-1500 (special rate for runners, mention the race when calling); Holiday Inn (540) 552-7001; AmeriSuites (540) 552-5636; Ramada Limited (540) 951-1330.

**Post-Race:** Free food and beverages for runners after the race at race headquarters. Awards ceremony and drawings for door prizes will follow as soon as possible after each race. Results will be posted at <[http://civic.bev.net/striders/classic\\_2005.html](http://civic.bev.net/striders/classic_2005.html)> the week after the race.

**Restrooms:** Available at race headquarters (no showers).

**Snow Schedule:** In case of excessive snow/ice, the race will be rescheduled for Saturday, March 12, 2005 at 1:00 PM. Information will be available on Friday 2/25/05 on the Blacksburg Classic web site <[http://civic.bev.net/striders/classic\\_2005.html](http://civic.bev.net/striders/classic_2005.html)> and by phone at (540) 951-4692.

**Directions:** From I-81 (N&S): Take exit 118B, following signs/exits towards Virginia Tech and Blacksburg. Stay on Rt. 460W, following sign towards Virginia Tech and Bluefield, WV. Turn right at 1st traffic light (Virginia Tech central campus/Southgate Dr./Rt. 314 East). Follow road to T-intersection with Airport Rd. Go right on Airport Rd. Beeks Elementary School is on the left after 1/4 mile. From Rt. 460 East (e.g. from Bluefield): follow Rt. 460E towards Virginia Tech/Blacksburg and take left at 2nd traffic light (Virginia Tech central campus/Southgate Dr./Rt. 314 East). Follow road to T-intersection with Airport Rd. Go right on Airport Rd. Beeks Elementary School is on left after 1/4 mile.

**For further information:** Contact Maarten van Gelder (540) 951-4692 or e-mail (preferred) <[mvgelder@dirtheapemail.com](mailto:mvgelder@dirtheapemail.com)>. Or visit the Blacksburg Classic web site <[http://civic.bev.net/striders/classic\\_2005.html](http://civic.bev.net/striders/classic_2005.html)> (course descriptions and a downloadable entry form are available).

# Montgomery Regional Hospital

Your Hospital of Choice



## Blacksburg Classic 10 Mile & 5K

A Blacksburg Striders Event



**New Town  
Fitness**

**bogen's**



Blacksburg Striders  
c/o Maarten van Gelder  
403 Ridgeview Dr  
Blacksburg VA 24060